

Swami Omkarananda

# The Secret of Happiness



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## CONTENTS

- The Self-Assertion of God's Nature Within You
- Happiness, Eternal Happiness!
- Thanks to Your Happy Mood
- Wait, Your Good Fortune is Nearby
- You are All-Important
- Know What You Are by What You Attract
- Everything About You, and All Nature, Advertises Everything that You Are in Yourself
- Your Freedom is Real Freedom
- Hundred Joys for You!
- Elevating and Higher Pleasures for You!
- Nature's Gift of Pleasures to Everyman
- Happiness from Association with the Good, the Noble and the Saintly
- Happiness from the Culture of Mental Nature
- Happiness through the Development of Moral Nature
- How to Conquer Difficulties
- Thrice Blessed Thou Art
- Every Day is Your Happy Birthday
- Real Happiness is Within Our Higher Consciousness
- Darling of Wisdom, Recover Thy Infinite Joy
- The Unfailing Source of Your Wisdom, Happiness and Peace



## The Self-Assertion of God's Nature Within You

Nobody wants to be bad, because goodness is everybody's real inner nature. Goodness is an inseparable attribute of the latent divine

Consciousness in everyone. Nobody wants to be ignorant or stupid, because knowledge is the essential nature of everybody's inner being. Absolute Knowledge is the other phase of absolute Existence which is the Essence sustaining the human individual. Nobody wants to be unhappy, because happiness is the real nature of the divine Consciousness in everybody. Absolute Happiness is co-existent and co-extensive with absolute Knowledge.

Nobody wants to be restless and peaceless, because Peace is characteristic of the Image of God in everyone, - even as saltiness is characteristic of sea water. Nobody wants ugly things, because Beauty is the substance with which the divine Consciousness in us is formed. Absolute Peace and absolute Beauty are the two eyes of the absolute Existence-Knowledge-Happiness.

Nobody wants to be imperfect, because Perfection is everybody's real inner nature. Nobody wants to die, because God's Breath in everybody is Immortal. Perfection and Immortality are characteristic of the absolute Being. Discover this Divinity in yourself. Know Him in all. You will make your world a Kingdom of Heaven.

The Divinity is the ultimate Happiness; it is the unconditioned and infinite Happiness. The secret of gaining unending Happiness lies in establishing inner dynamic relations with the Divine.



## **Happiness, Eternal Happiness!**

In Thy Presence is the fullness of Joy.  
Psalm 16:11

The bee has the fullness of its joy in the flowers that bear honey. Man has the fullness of his joy only in that which bears to an absolute degree, and eternally, every quality, every delight, every power his heart longs for, and that is God.

We have no fullness of joy in that which is limited, and that which comes to an end. God, the infinite and absolute Being, Consciousness, Presence, Power, Love, Beauty, alone is unlimited and unending. The greater our consciousness of the Presence of God, in our daily lives, the more intense is the fullness of joy that we derive.

The real happiness in our life is to be measured by the extent and the degree to which we have, in knowledge, in faith, in love, in awareness, established relations with God. Those among us who experience His Presence, and live in tune with His Being and Beauty, are the happiest.

To be in the Presence of God, is to see all things through the unlimited love that God bears, to overcome every difficulty, trial, circumstance, with the dynamic knowledge of God's omnipotence, and our relations to it and to do all things in the Light of God's Wisdom and Will. The fullness of joy, power and peace belongs to those who bear the Presence of God in their awareness and experience.

















