

# Omkaranda Ashram Diary 1999

Sayings of  
**Swami Omkaranda**  
for Every Week of The Year



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All humanity belongs to me, all humanity is my family. Yet I do not belong to humanity. I belong only to God. Yet I belong to all beings because I serve them. I give them peace, I pour my services and my love on them. I do not belong to humanity. If I belong to humanity, I perish. I belong to God. My strength is God, my life is God, my mind is God, my work and my heart is from God and is God. I need nothing from anyone, If I want a wonderful new world for me for my play, my allcreative God will produce for me one, but my heart is desireless, and therefore He need not produce anything for me.

Swami Omkaranda

## 1st week

Nothing here belongs to me, yet everything belongs to me. Therein is the secret of my purity. I need nothing. Yet I get more and more things, and obtain more and more things, only as a means, and a missionary, for the transmission of the nature of the Divine Light. The presence of things or their absence does not alter the marvellous, happiest, most peaceful, brilliant, beautiful conditions of my inner Consciousness.

That style and spirit of life has to be enstaged, every day. Exalt your consciousness more and more, don't be trapped in human sentiments. You can achieve no divine perfection unless you are constantly displacing the human element, unless the spiritual nature is growing predominant in you as a result of constant inner Mantra-repetition.



## 2nd week

In reality, in truth there is nothing anywhere except God as infinite creative Consciousness, Beauty, Delight.

Matter, Mind, Life are all manifestations derived from this Consciousness. Since God is one, the mind in the universe is also one, the life in the universe is also one, the beauty in the universe is also one, the real happiness and peace are one in the universe.

The wise men of great purity of heart who become one in spirit, in consciousness, in mind, with the Spirit, Consciousness and Mind of the universe, stand totally purified and illuminated.



## 3rd week

Our intelligence is conscious that its life is the same as the life of all beings. It is our heart that is the heart of all beings. It is our breath that is in the breath of all beings. Ultimately, all beings are a formulation, a manifestation of the Divine Consciousness within ourselves. Everywhere it is the same Beauty, the same Power, the same Consciousness of God that is operative. The Light in me and the Light in you are not two different things, it is the same Light. It is the source of infinite Wealth. When I have it, I have infinite Wealth. When I experience it consciously, I have infinite Peace and Happiness, I have infinite Power and Joy.

What is the difference between myself and you? The differences are in the bodies, in the temperaments, in the psychological feelings, in the psychological and physical experiences. There are no differences in essential things. You are myself in God, you are myself as my inner Divine Consciousness.



## 4th week

The beauty, the charm, the affection that we find in the hearts of young and beautiful women, in the person of young and beautiful women, is myself. Therefore I am not tempted - I cannot fall in love with myself. And what is more, since I am conscious of the sources of the beauty in them, the sources of the affection in them, and charm in them, as I am in touch with That which has formed all that is attractive and tempting in them, instead of being moved by their outer appearance, there is in me the conviction and the capacity to create personalities like them by the millions in Consciousness.

This knowledge, this experience is the secret of the blameless, all-innocent, all-pure nature within me. Outer appearances fall into their places the moment you are in contact with the all-pure, all-creative, all-beautiful, all-happy Divine Consciousness in all.



### 5th week

The Swami has no sense of possession, and has no respect for wealth, even if it is the total wealth of all the world. Because if Swami has respect for the wealth of the world, or touches it in any way, he would be cut off from the infinite Wealth. Therefore the Swami does not touch any wealth. Swami has no need for any expenditure. Swami is in touch with that which can create not only the wealth equal to the wealth in all the world, but worlds like this world by the billions. Yet in the outer life the Swami uses the wealth, without touching it, for entirely divine purposes. And the wealth multiplies in his hands and brings magnificent results for thousands.

The aspirants of the Ashram should arrive at this stage of inner purity of the living divine Consciousness which is infinite Wealth. Their hearts have to become one with the infinite Beauty that is blazing all around them and within them. Their mind should become one with the all-knowing, omniscient, all-wonderful Mind of the Supreme. To live in God, to live from God, to live as God.



### 6th week

Constantly seek to connect your inner being with the Presence of God in the hearts of all as love; with God as Intelligence in all minds; with God as one common Breath in all forms of life. Expand your life, enrich your life, exalt your life in attaining oneness with the Life in all beings.

We lose nothing if everything around us is withdrawn from us. When thousands of people would not love us, but love someone else or something else, we are not poorer for it but richer for it, because we are in tune with that infinite Love, which can bring us thousands more like them from other corners, and also inspire in them greater love for us.



### 7th week

The secret of higher Divine Consciousness consists in the fact that the heart in all nature is disposed to us favourably. In your meditations make the whole world begin to love you, to admire you, to help you. Not only that, it disposes even angels, sages and gods and goddesses in favour of you. No matter what your outer appearance is, you grow attractive to all creation. Your presence becomes a blessing to all creation, a source of inner secret joy and peace. Things that should or would break not only stop from breaking but also attract towards you newer things.

You do not know the extraordinary results that are occurring to you by every meditation here. It needs rich psychological knowledge, an ever-awake brilliant intelligence, a highly sensitive psychic being, the light of divine Grace, in order to perceive the various magnificent invisible results that are occurring to us with every meditation here in the Ashram.



### 8th week

Spiritual development and the real spiritual aspirant have to be fed by the divine Wisdom which transforms everything, uplifts everything, divinises everything. The quickest way for pouring illumination into your whole being, is to pour into you the warm blood of infinite divine Wisdom, from the Heart of God.

You cannot feed God except by your love, by your wisdom, by your devotion, by your growing purity. You may go to the church millions of times, yet nothing happens. If you can give a little love to God, wonders happen. The only way to please God and feed God, is to give your heart to Him. To give your devotion to Him is to transform yourself and make yourself worthy of his Grace by divine Wisdom.



### 9th week

Remember these two points:

- Your evolution is rapid and extraordinary when the Wisdom of God from the warm Heart of God pours itself into your lives through the Master,
- and your strong inner relations with God rest upon your capacity to feed God with your heart's love, with your heart's faith, with your heart's devotion, with your heart's purity and goodness, with your heart's divine feelings.

Remember this double-fold process and try to live as what you are in your inner being, an Image of God.



### 10th week

Never forget that God is omniscient, and therefore watching you, knowing everything concerning you. Let us say there are a thousand rupees in your hands. If you do not have the wisdom that was given to you by me, you are bound to make mistakes, and bind yourselves by the thousand rupees. So long as these thousand rupees are in your hand, you are more dependent on these thousand rupees than on God, and to that extent your spiritual progress is arrested and you have no access to the Kingdom of Heaven. Apart from this danger there is also the other danger of the probable wrong use of the money and creating for yourself fresh karma. There are all kinds of difficulties, therefore try to detach yourself, in inner divine knowledge, awareness and devotion, from external bondage. Remember, you do not become weaker for abandoning external supports, but you become stronger and superhuman. Difficult circumstances make you a giant, and since these difficult circumstances are taken by you for the sake of God, you become infinitely more than a superhuman individual.



### 11th week

Do not fear difficult circumstances. Let your strength be tried again and again, that is the way of growth and development. Your hold on the Divine Kingdom depends on the extent to which your hold on the outer world is lost. And when your hold on the Divine Kingdom is very strong, all the outer world is added unto you. Though the outer world is no longer useful to you. - Yet it becomes the field for you to pour on it the perfections of the Divine in order to enrich it.

The outer world cannot enrich you. None of you, nor the world outside, can give me anything, and what you give me perishes. I have imperishable wealth, and what I give you does not perish. What I pour into your minds and hearts makes the light in you bigger and bigger, makes the soul in you stronger and stronger, and greater and greater, makes the light in you brighter and brighter and more and more luminous. And when you experience God you come back to me, you are one with me, your imperishable treasures and my imperishable treasures are one.



### 12th week

Your concern should be exclusively with the God or the Master; your praise should be in relation to the Master or to God. When you praise the Master or God, God who is of the nature and form of Consciousness - the Master who is of the nature and form of Consciousness - permits the entrance of His Light and all-illuminating Grace into your inner consciousness. Praise of God or the Master is one of the most powerful means of God-experience. Therefore some of the psalms in the Bible constantly insist upon praising God. The songs that are sung in the Ashram - one of them says, "I shall praise God as long as I live". Praising God is one of the means of keeping yourself in attunement with the Divine.



### 13th week

Neither God nor the Master need your praises. From the standpoint of the exalted condition, in which God and the Master are, however wonderful your praises of them be, for them all praises are nothing more than sound and nonsense. However, because God or the Master is compounded of boundless divine Love, and your praise of them comes from your devotion to them, your praise acquires at once value, significance, meaning and a power, and becomes a channel for the flow of their Grace into your lives. Hundreds of saints have made merely the praising of God the way for grand experience of God.

Try to imitate the nature of God and the nature of the Master, rise to the level of God, the level of the Master, and protect yourselves from the dangerous tendency of your nature which tries to bring down God and the Master to your level rather than enable you to rise to their level. Instead

of being divinised by them, there is a strong tendency to humanise them. Protect yourself from this danger, discipline your inner nature more, and keep yourself in attunement with the divine, blazing Consciousness in the Master and in God.



#### **14th week**

The great trials come more to the spiritual aspirants than to the worldly people, - more to the prophets than to the aspirants. Who could have survived the trials and ordeals through which Jesus has passed? Who could have survived the trials and ordeals suffered by Moses?

One important thing is: acquisition of great calmness in meditation. Such calmness is essential, not only for your own peace of mind, not just to wrestle with the untransformed forces in you in an excellent way and bring them under control, but also to remain unaffected by the bad people who create much trouble, not merely to remain unaffected, but to try to influence the circumstance, and exercise upon it a soothing, calming-down influence.



#### **15th week**

The difference between the stillness and calmness of the sleeping child, and my stillness and calmness, lies in this: here I am conscious of the stillness, here I am not sleeping, here I am speaking to you. There the child is sleeping, it is not conscious of its state. That is an unhappy situation, an ignorant stillness it is, a dark stillness it is. Here in our case, this stillness - there is a light in it, we are seeing what is happening in ourselves, we see a mighty calmness, stillness, which is not perturbed, - is not troubled, influenced, perturbed by anything inside or outside. It could be said I am always in a sleeping condition, yet it is not a sleeping condition because nobody could be more alive intellectually, and externally I have a hundred problems, hundred sorrows, hundred plans, in relation to every person, in relation to all humanity and creation, in relation to the forces of goodness and beauty and truth in the universe. From one side it is a sea of calmness, it is a condition comparable to the sleeping state, but without the defects of the sleep-state - the defects such as unconsciousness, ignorance, darkness.



#### **16th week**

A desireless state ensures endless calmness and silence. Cut down your desires to a minimum, then your soul-powers increase, then you become a superman in consciousness. If you keep money in your hand, then also desires arise, you may be planning to go to Egypt, or you may be planning to do this or that, all such problems will arise. Therefore, wise men give up even their kingdom for the sake of search of Truth, like Buddha, and detach themselves from the emperorship, like Marcus Aurelius, the Roman Emperor. So, try to reduce the number of your desires, acquire the beauty of simplicity, then your soul-power becomes

























